



ECAC Women's West Weekly Release

December 1, 2009 Release #5

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PLAYER OF THE WEEK

Meagan Sudik-Utica College
Junior, Forward, West Bend, Wis./Wisconsin Wild
Sudik netted the game-tying goal and also added an assist on the game-winner to help Utica College defeat conference rival Neumann University 4-3 on Tuesday night. She currently ranks third on the team with seven points and she also has a team-best two game-winning goals this season.



GOALIE OF THE WEEK

Lauren Sullivan-Elmira
Freshman, Toronto, Ontario/Markham-Stouffville Stars PWHL
Sullivan went 2-1-0 on the week with her only loss coming from the hands of Manhattanville College 3-2. In her two previous wins she allowed only 1 goal in each game while picking up 46 saves. In all three games she made 64 saves. She is now 3-1-0 on the season.



ROOKIE OF THE WEEK

Madison Johnston-Elmira
Defense, Toronto, Ontario/Toronto Aeros PWHL
Johnston scored 2 goals and 1 assist on the week. She scored the opening goal in a 3-1 win over Manhattanville College. These were her first two goals of her collegiate career at Elmira College.



Honor Roll

Jill Doherty-Utica College
Senior, Goalie, Wellesley, Mass./Kents Hill
Doherty stopped a game-high 38 shots as the Utica College women's hockey team defeated visiting Neumann University in conference play Tuesday. The Pioneers were outshot 41-23, but Doherty's outstanding play in net guided the Pioneers to the key one goal victory.

Natalie Aldridge-Plattsburgh State
Freshman, Forward, Basingstoke, England/Great Britain National Team
Had a career-high two points--both on assists--against Potsdam, a 9-3 ECAC West victory.

Caitlin Metcalf-Elmira
Freshman, Forward, Calgary, Alberta/Edge School for Athletes JWHL
She led EC to a 2-1-0 finish for the week's games. She totaled 3 goals and 1 assist in the three games. The first of her two goals against Hamilton turned out to be the game winner.



Buffalo State

Buffalo State had the week off, and will see their next action against Middlebury at 1:00 p.m. on December 5.



Oswego State

The Oswego State Lakers return to action this weekend after not having competed over the Thanksgiving holiday. Oswego State will face Division I-independent Sacred Heart in a two-game road series beginning on Friday, December 5 at 7 p.m. in Fairfield, Conn.



Chatham University

The Cougars traveled to Adrian, Michigan this weekend for a non-conference game against Adrian College. Adrian took the lead in the first period and never looked back, amassing a 6-0 shut-out against the visitors. Brenn Scott played in goal for Chatham (0-5-1) and tallied 33 saves in the non-conference loss. The Cougars will travel to Elmira, NY this weekend, December 5th and 6th to take on Elmira College in Eastern College Athletic Conference (ECAC) play. Puck drop is scheduled for 7 pm and 2 pm respectively.



Utica College

Utica College went 1-0 in ECAC Women's West Conference play against Neumann University this past week. Senior captain Andrea Maxon netted a power-play goal with 2:55 to go in the contest to break a 3-3 tie and give the Pioneers a 4-3 victory over visiting and nationally-ranked No. 11 Neumann University in ECAC Women's West Conference play Tuesday night. Meagan Sudik and MacKenzie Roy each added two points on the evening to pace the Pioneers. Both teams exchanged goals throughout the contest, but the Pioneers were able to find the back of the net consecutively within the last 13 minutes of play to earn the key conference victory. Senior goalie Jill Doherty stopped 38 shots in the victory while the Pioneers improved to 4-4-1 overall and 2-2-1 in conference play. The Pioneers return to action Saturday and Sunday when they travel to conference rival Cortland State. Both games are scheduled to begin at 2 p.m.



Plattsburgh State

Plattsburgh didn't commit a penalty at Potsdam, which is the first time that's happened since Feb. 17, 2007, when the Cardinals and Chatham both skated during a penalty-free game. Senior forward Stephanie Moberg had a goal and an assist against the Bears to inch closer to the 100-career point mark with 97. Moberg currently leads the team with seven points on three goals and four assists. Junior forward Megan DiJulio has a team-best five goals. Junior Mandy Mackrell (3-0, 1.99 GAA, .906 Save%, 181:03 Min.) and sophomore Anne Loewen (2-0, 2.00, .826, 120:00) have split time in net. Sophomore Erika Shaubel paces Plattsburgh blueliners with four points (1g-3a) along with Kara Buehler (4a). Forwards Teal Gove, Jordan Caldwell and defenseman Kristin Maton top Cardinals freshmen with three points apiece. Plattsburgh is outshooting opponents by an average of 44.2 to 17.4 per game. 20 of 23 skaters have registered at least one point. The Cardinals host ECAC West foe Neumann (Dec. 5-6) to close out the semester.



SUNY Potsdam

Potsdam suffered a 9-3 setback against Plattsburgh State.



Elmira College

The Soaring Eagles went 2-1-0 in this week's hockey games. EC picked up road wins against Hamilton College and Manhattanville College. Against Hamilton, Elmira's offense caught fire as they opened the game with four unanswered goals. In Saturday's win over Manhattanville, EC scored the first three goals of the contest and only allowed one late in the third period. First year goaltender Lauren Sullivan picked up her third win of the season in the 3-1 win. Elmira finishes the week with a 5-3-0 overall record.



Cortland State

The Red Dragons were off last week and return to action this weekend as they host Utica in a pair of ECAC West games on Dec. 5 and 6.



Rochester Institute of Tech.

RIT took the Thanksgiving holiday off, and will be back in action on December 5, when they take on Williams College at 7:30 p.m.



Neumann University

Neumann fell to Utica College in its only game last week. Jessica Schroeder, Jasper Thomson and Holly Williams scored for the Knights. Neumann will travel to Plattsburgh St. this weekend for conference action.



ECAC Women's West League Standings

	Pts	GP	ECAC West		GF- GA	GP	Record	Overall	
			Record	Win%				Win%	GF- GA
1 Plattsburgh	10	5	5- 0- 0	1.00	24- 10	5	5- 0- 0	1.00	24- 10
2 RIT	7	4	3- 0- 1	.875	31- 10	4	3- 0- 1	.875	31- 10
3 Elmira	6	5	3- 2- 0	.600	17- 9	8	5- 3- 0	.625	27- 14
Oswego	6	6	3- 3- 0	.500	13- 13	7	4- 3- 0	.571	19- 14
5 Neumann	5	5	2- 2- 1	.500	17- 16	7	4- 2- 1	.643	25- 19
Utica	5	5	2- 2- 1	.500	12- 17	9	4- 4- 1	.500	22- 27
7 Cortland	4	4	2- 2- 0	.500	11- 6	8	3- 5- 0	.375	18- 16
Buffalo State	4	5	2- 3- 0	.400	8- 13	7	2- 5- 0	.286	11- 23
9 Potsdam	2	5	1- 4- 0	.200	10- 35	8	3- 5- 0	.375	20- 44
10 Chatham	1	6	0- 5- 1	.083	7- 21	7	0- 6- 1	.071	7- 27

LAST WEEK

November 24

Utica 4, Neumann 3
 Plattsburgh State 9, Potsdam State 3
 Elmira 5, Hamilton 1

November 28

Elmira 3, Manhattanville 1

November 29

Adrian 6, Chatham 0
 Manhattanville 3, Elmira 2

THIS WEEK

December 4

Oswego State at Sacred Heart, 7:00 p.m.

December 5

Buffalo State at Middlebury, 1:00 p.m.
 Utica at Cortland State, 2:00 p.m.
 Oswego State at Sacred Heart, 2:00 p.m.
 Chatham at Elmira, 7:00 p.m.
 Neumann at Plattsburgh State, 7:00 p.m.
 RIT at Williams, 7:30 p.m.

December 6

Buffalo State at Williams, 2:00 p.m.
 Chatham at Elmira, 2:00 p.m.
 Utica at Cortland State, 2:00 p.m.
 Neumann at Plattsburgh State, 2:00 p.m.
 RIT at New England Col., 3:00 p.m.

USCHO.com Division III Women's Poll Minneapolis, Minn./November 30, 2009

Team (First Place)	Record	Pts	Last Week
1 Amherst (13)	3-0-0	148	1
2 Plattsburgh (2)	5-0-0	136	2
3 Middlebury	4-0-0	116	3
4 Wis.-River Falls	5-1-1	84	6
5 Elmira	5-3-0	80	3
5 Gustavus Adolphus	2-1-1	80	5
7 RIT	3-0-1	69	7
8 Norwich	7-0-0	42	8
9 Manhattanville	5-2-0	21	NR
10 Wis.-Superior	4-3-1	20	9
10 Lake Forest	7-0-1	20	10

Others Receiving Votes: St. Thomas 5, Neumann 3, Williams 1