



## ECAC Women's West Weekly Release

**November 3, 2009 Release #1**

**Commissioner**  
Rudy Keeling  
**Director of Sport Administration**  
Michael Letzeisen  
**Coordinator of Officials**  
Paul Duffy  
**Asa S. Bushnell Sport Administration Assistant**  
Lindsay DeStefano

WWW.ECACDIIIHOCKEY.COM

1311 Craigville Beach Road • Centerville, Massachusetts 02632 • Phone: 508/771-5060 • Fax: 508/771-9481

**PLAYER OF THE WEEK**

**Nikki Blazenko-Neumann University**  
**Junior, Forward, Burlington, Ontario/Burlington Jr. Barracudas**  
Blazenko scored a hat trick on opening night in a 5-1 win over Adrian College. The junior followed up with another goal and assist in a 3-2 win over Adrian on Saturday. Blazenko finished the weekend with four goals and one assist for five points.



**GOALIE OF THE WEEK**

**Laura Keeley-Neumann University**  
**Senior, Germantown, Md./Good Council HS**  
Keeley stopped 30 of 31 shots in a 5-1 win over Adrian College. In only her third career start, she led the Knights to a win over Adrian.



**ROOKIE OF THE WEEK**

**Shannon Donnelly- Neumann University**  
**Goalie, Orleans, Ontario/Nepean Jr. Wildcats**  
Donnelly stopped 31-of-33 shots in a 3-2 win over Adrian College Saturday afternoon. In her first collegiate start, the freshman made 10 saves in the last five minutes to help secure the win.



**Honor Roll**

**Lauren Mallo - Buffalo State**  
**Freshman, Defender, Maple Ridge, British Columbia/Fraser Valley Phantom**  
Mallo recorded her first collegiate points with a two-goal performance in the Bengals 6-2 loss against Concordia on Sunday.

**Sarah Sitcov-Cortland State**  
**Freshman, Goalie, Arlington, VA/Wyoming Seminary**  
In her collegiate debut, Sitcov stopped 14 of the 15 shots she faced to earn a 3-1 win versus Castleton on Saturday. She posted a 1.00 GAA and a .933 save percentage.



### Buffalo State

Buffalo State opened its season this past weekend with a pair of non-conference games, falling 4-1 and 6-2 against visiting Concordia (WI). Freshman Lauren Mallo netted her first collegiate points with a pair of goals in Saturday's game. The Bengals will open league play on Friday when they travel to Elmira.



### Chatham University

Chatham will start the season traveling to Cortland State for two games against the Red Dragons. The first game is on November 6 at 7:00 PM, followed by November 7 at 3:00 PM.



### Utica College

Six different players scored one point in a 0-2 opening weekend for the Utica College women's hockey team. The Pioneers dropped their regular season opener at Norwich University, 4-2, on Saturday before continuing their road trip on Saturday with a 1-0 loss at New England College. Junior Jona Johnson netted her first collegiate goal in the Pioneers' loss to Norwich. The Pioneers return home on Friday when they host non-conference foe Adrian College. The UC men's and women's hockey teams are joining forces with AmeriCU Credit Union and Theta Phi Alpha to 'Pink the Rink' and raise breast cancer awareness on Friday. Both teams will wear collector's edition pink jerseys in their games against Adrian (women's @ 3 p.m.) and Neumann (men's @ 7 p.m.). The jersey's are currently being auctioned off on the Utica College men's and women's hockey pages at the UC athletics website ([www.ucpioneers.com](http://www.ucpioneers.com)). All proceeds will benefit the American Cancer Society. Just click on the 'Pink The Rink' link on the right hand side of either hockey page and it will direct you to the bidding list. Live video and stats will also be available at [www.ucpioneers.com](http://www.ucpioneers.com).



### Elmira College

Elmira will host Buffalo State for their first game of the season on November 6 at 7:00 PM.



### Neumann University

Neumann started off the 2009-10 season with two wins over non-conference rival Adrian College. Neumann opens their conference schedule next week at home vs. RIT.



### Oswego State

Oswego State started the 2009-10 season with an offensive outburst as it defeated non-conference Castleton State 6-1 to begin the season at 1-0-0. Jenna Kirkwood and Bryanna Forrest recorded two goals each as the Lakers have yet to be defeated by the Spartans in their three previous meetings. The six goals scored by the Lakers was the highest game total since Feb. 22, 2007 when Oswego State defeated Castleton State 6-3.



### Plattsburgh State

Plattsburgh enters the season having won two of the last three NCAA championships and finished in first place in the ECAC West in five of the past six seasons. Plattsburgh returns 15 players off last year's squad that went 22-5-2 overall, 15-3 in conference play for third place and made the NCAA tournament for the sixth straight time. The team hosts the Nepean Wildcats in an exhibition game at 1:15 p.m. Sunday, and kicks off the 2009-10 campaign officially on Nov. 14-15 at conference foe Chatham.



### SUNY Potsdam

Potsdam opened up their season on Halloween, with a victory 2-1 victory over Salve Regina.



### Rochester Institute of Tech.

RIT will start off the season with two games against Neumann University. The first is November 6 at 7:00 PM, followed by November 7 at 3:00 PM.



### Cortland State

The Red Dragons opened their season by splitting a pair of home games last weekend. On Friday, freshman Taylor Puckhaber scored her first collegiate goal, sophomore Ashley Meyer added a goal and senior Nicole Ruddy collected two assists in a 3-2 loss to Salve Regina. Sophomore goalie Katie Double stopped 20 shots. In a 3-1 win versus Castleton on Saturday, sophomore Maggie Giamo collected her first points as a Red Dragon with a goal and an assist. Freshman Chelsey Wright's first career goal was the game winner and Puckhaber added a third-period insurance goal on the power play. Freshman Sarah Sitcov made 14 saves to earn a win in her collegiate debut. Cortland hosts Chatham in a pair of ECAC West games on Friday, Nov. 6 and Saturday, Nov. 7.



### ECAC Women's West League Standings

	ECAC West				Overall						
	Pts.	GP	Record	Win%	GF	GA	GP	Record	Win%	GF	GA
1. Buffalo	0	0	0-0-0	.000	0	0	2	0-2-0	.000	03	10
Chatham	0	0	0-0-0	.000	0	0	0	0-0-0	----	00	00
Cortland	0	0	0-0-0	.000	0	0	2	1-1-0	.500	05	04
Elmira	0	0	0-0-0	.000	0	0	0	0-0-0	----	00	00
Neumann	0	0	0-0-0	.000	0	0	2	2-0-0	1.00	08	03
Oswego	0	0	0-0-0	.000	0	0	1	1-0-0	1.00	06	01
Plattsburgh	0	0	0-0-0	.000	0	0	0	0-0-0	----	00	00
Potsdam	0	0	0-0-0	.000	0	0	1	1-0-0	1.00	02	01
RIT	0	0	0-0-0	.000	0	0	0	0-0-0	----	00	00
Utica	0	0	0-0-0	.000	0	0	2	0-2-0	.000	02	05

#### LAST WEEK

##### October 24

Cambridge 4, Elmira 2  
 Napean Jr. AA 3, Oswego St. 0  
 RIT 8, Burlington Barracudas 1

##### October 25

Buffalo Bisons 2, Buffalo St. 2 (OT)  
 Napean Jr. AA 2, Utica 1

##### October 30

Salve Regina 3, Cortland St. 2  
 Neumann 5, Adrian 1  
 Norwich 4, Utica 2

##### October 31

Concordia (Wis.) 4, Buffalo St. 1  
 Neumann 3, Adrian 2  
 Cortland State 3, Castleton 1  
 Potsdam St. 2, Salve Regina 1  
 New England Col. 1, Utica 0

##### November 1

Concordia (Wis.) 6, Buffalo St. 2  
 Oswego St. 6, Castleton 1

#### THIS WEEK

##### November 6

Buffalo St. at Elmira, 7:00 PM  
 Chatham at Cortland St., 7:00 PM  
 RIT at Neumann, 7:00 PM

##### November 7

Chatham at Cortland St., 3:00 PM  
 RIT. at Neumann, 3:00 PM  
 Oswego St. at Potsdam St., 3:00 PM  
 Adrian at Utica, 4:00 PM

##### November 8

Adrian at Utica, 2:00 PM  
 Oswego St. at Potsdam St., 3:00 PM  
 Nepean at Plattsburgh St., 1:15 PM

### USCHO.com Division III Women's Poll Minneapolis, Minn./November 2, 2009

Team (First Place)	Record	Pts	Last Year
1 Amherst (11)	24-5-0	135	6
2 Elmira	24-5-1	115	2
3 Gustavus Adolphus (2)	22-2-4	112	1
4 Plattsburgh	22-5-2	91	3
5 Middlebury	20-4-4	88	4
6 RIT (1)	21-3-2	87	5
7 Wis.-River Falls (1)	20-7-3	82	7
8 St. Thomas	18-5-3	24	8
9 Norwich	19-9-1	23	NR
10 Wis.-Superior	17-8-2	21	NR

Others Receiving Votes: Neumann 15, Wis.-Stevens Point 15, Manhattanville 9, Adrian 5, Trinity 3